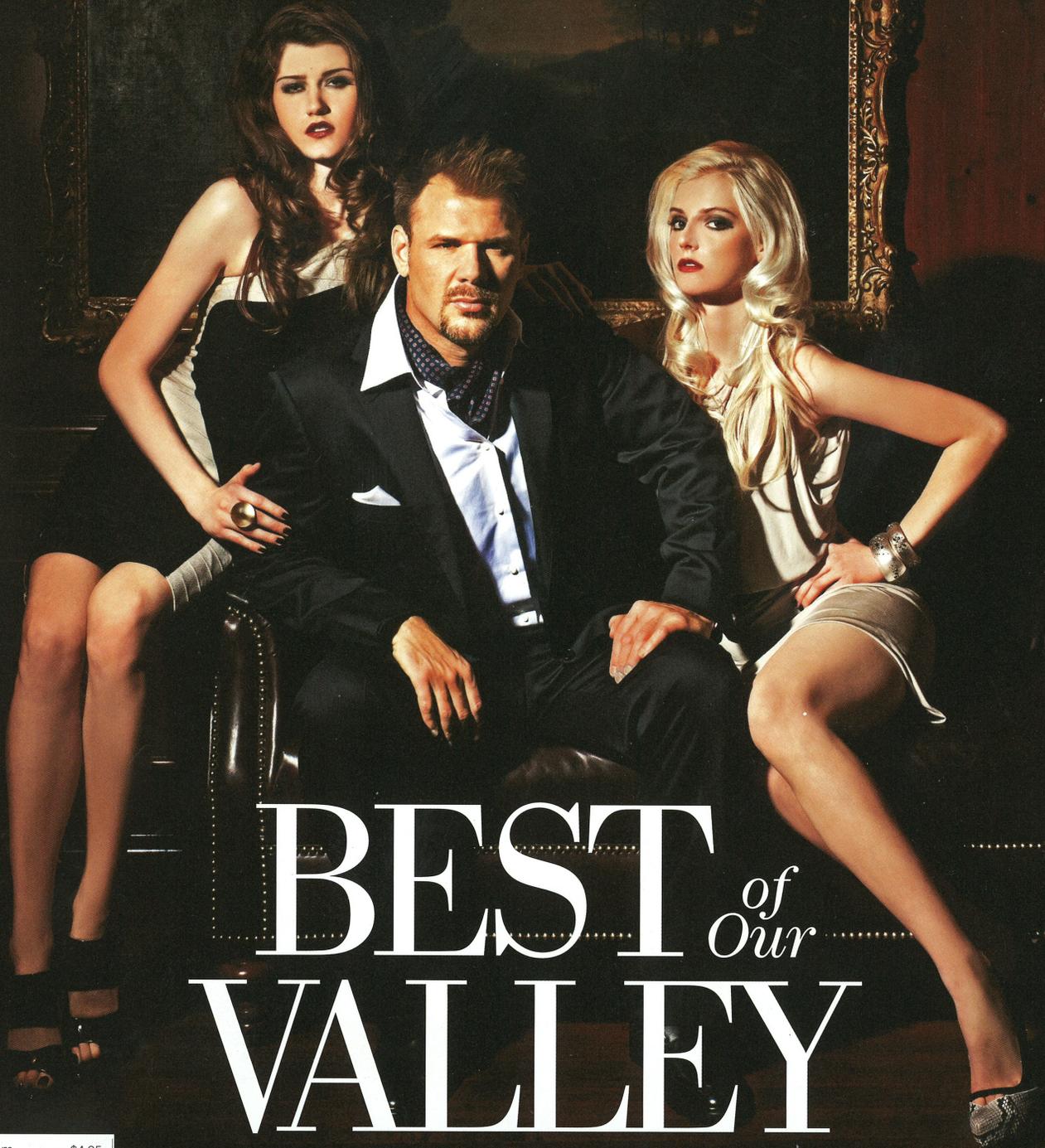


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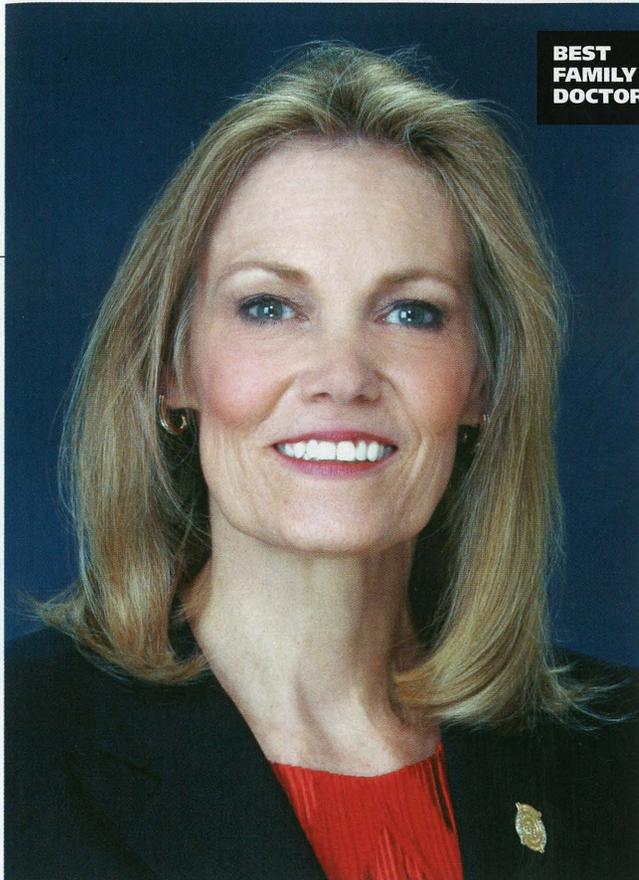
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BEST FAMILY DOCTOR

Dr. Jan Zieren

AFM readers and Valley parents have something in common: They agree that Dr. Jan Zieren is the best when it comes to curing the common cold and other pesky ailments. With a family practice located in Phoenix, an appointment with this esteemed doc is just a phone call away. **602.866.8603**.

Best Dermatologist

Dr. Paul English

An expert in his field and 16-year veteran, Dr. Paul English has two state-of-the-art offices located in Ahwatukee and Gilbert. He is also the official team dermatologist to the Arizona Diamondbacks. **480.507.5011, www.englishdermatology.com**.

Best Fertility Doctor

Dr. Daniel F. Rychlik

Board-certified in infertility and reproductive endocrinology, Dr. Daniel Rychlik has been helping families grow since 2003. His expertise led to the opening of Scottsdale's most innovative and advanced fertility centers, Fertility Centers of Arizona, uniting a world-renowned team who specialize in in vitro fertilization. **480.559.0252, www.fertilitycentersofarizona.com**.

Best Hospital Group

Scottsdale Healthcare

Encompassing three full-service Valley campuses—Shea Medical Center, Osborn Medical Center and Thompson Peak Hospital—Scottsdale Healthcare provides more than 800 beds to patients. The Osborn location is home to the Chest Pain Center, Level I Trauma Center and Primary Stroke Center while the Thompson Peak campus happens to be the Valley's first hospital north of the 101. **www.shc.org**.

Best Dentist or Dental Team

Dr. Brenda Taege

Practicing since 1992, Dr. Brenda Taege is skilled in cosmetic dentistry, including veneers, crowns, lumineers and whitening. Her great attention to detail and compassionate attitude has made her highly regarded in her field and by patients. **480.860.6744, www.brendataegedds.com**.

BEST ALTERNATIVE SPA TREATMENT AND BEST MANI/PEDI

Spa Avania at Hyatt Regency Scottsdale Resort and Spa at Gainey Ranch

Relax and unwind as a master therapist pampers your mind, body and soul. Incorporating a uniquely holistic approach that choreographs the science of time with your body's needs, one can choose from 46 choice treatments at Spa Avania. Continue the royal treatment at the salon with a soothing manicure and pedicure. A fresh coat of paint and a refreshed attitude is the perfect start to an amazing night out—or a soothing evening in. **480.483.5558, www.spaavania.com**.

